

How to use the HSR Guidebook

HSR HEALTH & SAFETY REPS

The HSR Guidebook has been developed to set you up for success in your new role as an HSR. It outlines all the knowledge, skills and attributes that you can develop as you progress through your role. There is no expectation that you will know the contents of the Guidebook when you start out. However, over time, as you learn about the role and get access to external training and other industry resources - with a little help from your employer and health and safety professionals – the guidebook will support you to develop the knowledge and skills you need to be successful.

Requests for training

The HSR Guide can also support you with the conversations you have at work about your training and development needs. We have shown the topics you can focus on first (“critical knowledge”), and then where additional training will add value to your role.

We know that when you are properly equipped to do your job as an HSR, your organisation can benefit in many ways:

- Increased worker engagement results in safer outcomes,
- minimized downtime,
- reduced staff turnover, and
- increased productivity.

He aha te mea nui? He tāngata, he tāngata, he tāngata

What is the most important thing in the world? It is the people, it is the people, it is the people.



All very good reasons to support your professional development in the HSR Knowledge Wheel.

Potential new career path

By growing your knowledge and skills you will not only be setting yourself up for success as an HSR, you will also be building the groundwork for a career in health and safety should you choose to take it.

Many of the attributes outlined in the framework are focused on leadership capability. It is a highly sought after and transferable skill set, so no matter the career you choose, your embedded leadership skills will support you on your journey.